

Your Guide to Public Benefits in Minnesota

Find, understand, and apply for programs in your state that can help:

- Increase your income,
- Save money on prescription drugs
- Pay doctors' bills;
- Buy groceries; and
- Cover other basic costs.

This fact sheet describes the programs in your state, helps you decide which are right for you, and tells you how to sign up. Income guidelines, eligibility requirements, and telephone numbers are subject to change. For the most up-to-date information in your ZIP code area log on to www.aarp.org/quicklink.

You can also go to the Benefits QuickLINK website (www.aarp.org/quicklink) to find out if you qualify for the benefits listed below or to print out applications for programs in your state.

Paying for Health Care and Prescription Drugs

Medicare

Benefit: Health insurance that helps pay for preventive care, doctor visits, hospital stays and prescription drugs.

Who can apply: People who are 65 and older, and younger people with disabilities or kidney failure.

How to apply: Call the Social Security Administration toll-free at **1-800-772-1213** and tell the operator where you live. You can also log on to www.socialsecurity.gov



and select “Questions about Medicare.” For information about the Medicare prescription drug coverage, call **1-800-MEDICARE (1-800-633-4227)** or log on to www.medicare.gov.

For additional assistance, call the Senior LinkAge Line, also known as the Minnesota State Health Insurance Assistance Program (SHIP), toll-free at **1-800-333-2433** or log on to www.mnaging.org/advisor/SLL.htm.

Medicare Savings Programs

Benefit: Pays for some of the costs of Medicare, including the Part B premium, deductibles, and co-payments. How much you get depends on your income and assets.

Who can apply: People who get Medicare and earn around \$1,239 per month for one person, or \$1,660 per month for a married couple.

How to apply: Apply at your county human services agency. Call toll-free at **1-800-657-3739** (outside Twin Cities metro area) or **651-431-2670** (in the Twin Cities metro area) to obtain an application or log on to www.dhs.state.mn.us. Applications are also available from many health care providers.

Medicare Rx Extra Help

Benefit: Pays for the monthly fee and deductible for Medicare prescription drug coverage, and lowers prescription drug co-payments.

Who can apply: People who get Medicare and have combined savings, investments and real estate (other than your home) are not worth more than \$12,510 if you are single, or \$25,010 if you are married and living with your spouse and have a limited income.

How to apply: Call the Social Security Administration toll-free at **1-800-772-1213** and ask for the Medicare Rx Extra Help application. You can also log on to www.socialsecurity.gov and click on the Medicare section.

For additional assistance, call the Senior LinkAge Line, also known as the Minnesota State Health Insurance Assistance Program (SHIP), toll-free at **1-800-333-2433** or log on to www.mnaging.org/advisor/SLL.htm.

MinnesotaCare

Benefit: Subsidized health insurance coverage that provides a range of services including low-cost prescriptions.

Who can apply: Minnesota residents who do not have access to affordable health insurance including Medicaid or Medicare.

How to apply: Fill out a Minnesota Health Care Programs application and send it to

MinnesotaCare in St. Paul. Some counties enroll people in MinnesotaCare. To find out if your county does, log on to www.dhs.state.mn.us and click on the “Health Care” tab and then “MinnesotaCare.” For more information, call **651-297-3862** (in the Twin Cities metro area) or **1-800-657-3672** (outside the Twin Cities metro area).

Medicaid

Benefit: Provides medical coverage for hospital care, health center and clinical services, doctor care, nurse care, lab and X-ray services and nursing homes.

Who can apply: People who are 65 or older, blind or have disabilities, few resources, or in some cases, high medical bills. To qualify, you must meet Medicaid income and asset limits. Income limits vary, depending on the size of your family and where you live. Income limits also vary based on the particular Medicaid program for which you qualify, so contact your state Medicaid office for more information.

How to apply: For more information or to apply, call **651-431-2670** (in the Twin Cities metro area) or **1-800-657-3739** (outside the Twin Cities metro area) or log on to www.dhs.state.mn.us and click on “Health Care.” Applications are also available from many health care providers.

Help with Your Home

State Property Tax Assistance

Benefit: Minnesota’s tax deferral program allows people 65 or older to defer a portion of their homestead property taxes. The deferral begins with real estate taxes payable the year after you make the initial application.



Who can apply: To qualify, you must meet all of the following requirements: you must be 65 or older and own and occupy the property as a homestead; if you're married, your spouse must also be at least 65 when the first deferral is granted; and you must meet additional income requirements and filing deadlines.

How to apply: You must apply by July 1 in order for your taxes to be deferred the following year. You may apply in the year in which you turn 65. Once enrolled in the program, you don't need to reapply. If you need help completing the application Form (CR-SCD), which is available online at www.taxes.state.mn.us/taxes, call **651-296-0333**.

Low Income Home Energy Assistance Programs

Benefit: Pays heating and cooling bills, and some energy-related home repairs.

Who can apply: Low-income people with annual incomes less than \$21,184 for one person, or \$27,702 for two people.

How to apply: For additional information or application assistance call toll-free at **1-800-657-3710** or log on to

www.state.mn.us and search on "Energy Assistance."

Telephone Assistance

Benefit: Helps pay for the cost of basic local telephone services.

Who can apply: Qualified low-income older adults. You are automatically eligible if you are in one of the following programs: Medicaid, Supplemental Security Income (SSI), Federal Housing Assistance/Section 8 Programs, Food Stamps, Low Income Home Energy Assistance Programs, Bureau of Indian Affairs (BIA) General Assistance, and Tribally Administered Temporary Assistance for Needy Families (TANF).

How to apply: Call your local phone company and tell the sales department that you want to apply for Link Up or Lifeline.

Help Buying Nutritious Food

Food Assistance

Benefit: An Electronic Benefits Transfer (EBT) card, similar to a debit card, that you can use like cash to pay for food at most grocery stores.

Who can apply: People with limited income and resources, especially people 60 and over.

How to apply: For more information or to fill out an application go to www.dhs.state.mn.us and click on "Economic Supports" and "Food Support." You can also go to your county Human Services Agency or call the Food Support Hotline toll-free at **1-800-657-3698**.

Cash Assistance

Social Security

Benefit: Monthly checks. How much you get depends on how long you have worked,

how much money you earned, where you worked, and your age when you began getting benefits.

Who can apply: Workers who are 62 or older, people with disabilities, or the spouse and children of a deceased or disabled worker who paid into the Social Security program.

How to apply: You can find out if you qualify for Social Security Benefits by using the screening tool on the Social Security website (www.socialsecurity.gov). If you qualify, you can apply for retirement benefits online at www.socialsecurity.gov. You can also make an appointment at your local Social Security Office. To find your local Social Security Office, call **1-800-772-1213** toll free and tell the operator where you live.

Supplemental Security Income (SSI)

Benefit: Monthly checks.

Who can apply: People who are 65 and older, or people who are blind or have disabilities and have very low income and assets.

How to apply: You must make an appointment at your local Social Security office to apply. You can find your local Social Security

office by calling **1-800-772-1213** toll free and telling the operator where you live. Or, you can log on to www.ssa.gov/pgm/links_ssi.htm.

Other Information

Eldercare Locator

Connects older Americans and their caregivers with sources of information on senior services. Call **1-800-677-1116** (hours of operation are Mon. - Fri., 9:00 a.m. - 8:00 p.m. ET) or log on to www.eldercare.gov.

Senior Information Hotline

For additional information about other programs and resources for older adults in Minnesota, call the Minnesota Board on Aging at **1-800-882-6262** or log on to www.mnaging.org.

Legal Help

If you need a lawyer but have limited resources, call the Senior Citizens Law Project Hotline toll-free at **1-800-622-7266** or log on to www.lasnem.org.

You can also go to the Benefits QuickLINK website at www.aarp.org/quicklink.



Benefits Outreach Program

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The AARP Foundation is AARP's affiliated charity. Foundation programs provide security, protection and empowerment for older persons in need. Low-income older workers receive the job training and placement they need to re-join the workforce. Free tax preparation is provided for low-and moderate-income individuals, with special attention to those 60 and older. The Foundation's litigation staff protects the legal rights of older Americans in critical health, long-term care, consumer and employment situations. Additional programs provide information, education and services to ensure that people over 50 lead lives of independence, dignity and purpose. Foundation programs are funded by grants, tax-deductible contributions and AARP.